



# INDRANI'S CALLING

**Indrani Sinha Seth**

**Holistic Coach, Regression Therapist, Life Between  
Lives Hypnotherapy**



# my story



“Life is all about choices and perspectives and choices based on those perceptions....”

- Indrani Sinha Seth

The above lines are true for Indrani’s journey into exploring Clinical Hypnotherapy, Trans-Personal Regression Therapy, Life Between Lives Hypnotherapy, Shamanism and the study of the human mind. Like most of us, experience traumas, challenges and trials in life that shake us up, Indrani had her fair share of them too.

These experiences pushed her out of her comfort zone to question, seek and find awareness in various philosophies that govern the human existence. While doing so, her moment of epiphany was the realization that she could utilize herself to enable other souls in this journey of life to get more in tune with their true nature. ‘Healing of the Self’ is at the core of what Indrani practices and flows through every modality she has to offer to the universe.

# Becoming A Clinical Hypnotherapist And Facilitator

2012 - 13

Certification in Transpersonal Regression Therapy from TASSO International, Netherlands (a post graduate diploma program).

2011 - 12

Certificate to facilitate (teach/train) in Integrated Clinical Hypnotherapy - Level 1, Level 2 and Level 3 in Integrated Hypnotic Modalities for Behavioral Resolutions from California Hypnosis Institute Of India.

2009

Certification in Theta healing Certification - Level 1 & 2 (Basic and Advanced DNA 2.)

2008 - 09

Certification in Integrated Clinical Hypnotherapy from California Hypnosis Institute of India.

Indrani is a Full Member of **The Newton Institute**, USA when she trained for the Life between Lives hypnotherapy course in the summer of 2016. She is the first certified practicing Life Between Lives hypnotherapist (from TNI) based in the Middle East.



# Professional Life And Career Before Taking The Leap To Becoming Full Time Therapist And Facilitator

**CORPORATE  
TRAINER,  
FACILITATOR  
AND COACH**

**MARKETING,  
COMMUNICATIONS  
AND PR**

**SOCIAL  
SERVICE**

Indrani's career has been diverse with experience across different sectors and functions. She is a Post Graduate, B.A. and B. Ed with more than 30 years of extensive experience in Communication, Franchise – Principle Management, Event Management, Sales & Marketing of Automobiles, Concept Sales, Education & Training, and Customer Care.

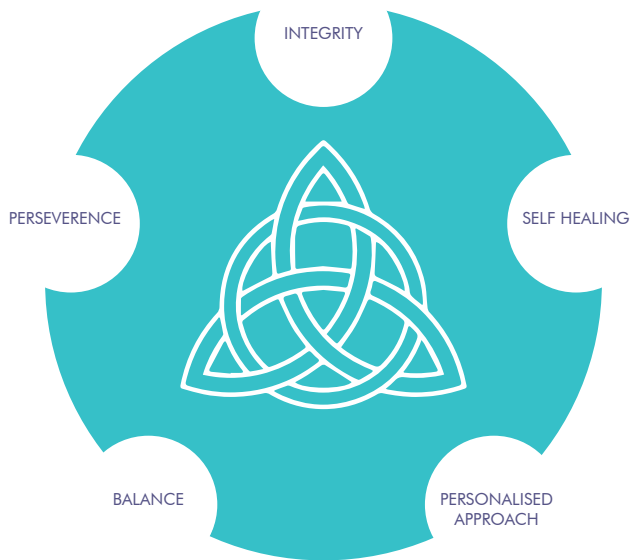
Working with human capital is at the core of what Indrani practices. She has been a freelance trainer and coach since 1995. Indrani has conceptualized, organized and conducted various Self Development and Personality Enhancement Programs, Theatre Workshops in numerous Wellness Centers, Clinics, Multi-National Companies and Educational Institutions in UAE, India, Egypt, Bangladesh, Oman & Nepal.

Indrani has over 28 years of experience across Transport, Car Rental, Education and Media. Her core functions include Marketing, Training, Communication and Strategy.

Indrani has also been actively involved in social impact projects offering her expertise in fundraising, communication and programmatic interventions.

She has established her own consultancy in UAE as a Lifestyle Consultant in the summer of 2015 under the name of Indrani Sinha Seth Consultancy. She is the wellness coach and senior consultant hypnotherapist with Miracles Dubai since 2016. Her decade plus expertise in multi-modality therapies enable clients from any age bracket, ethnicity and culture, to access her from across the globe as she works through online platform as comfortably as in person.

# Indrani's Value System



## **INTEGRITY**

Indrani maintains complete confidentiality and integrity with every client. She believes that the basis for every journey into healing is on mutual trust and always honors this.

## **PERSONALIZED APPROACH**

With each one of us being so unique in nature, so are the challenges and experiences of our journey into healing. Indrani always takes the time to deep dive into understanding the specific background of a particular client. The healing modalities and therapy intervention plan is then mutually agreed based on that. She carries the same personalized approach into her facilitated programs and workshops.

## **SELF-HEALING**

Indrani does not come from a position of having an upper hand in being instrumental to someone's healing and therapy. She believes she is only a mirror to her clients, using which they can clearly see their inner self. This knowledge, awareness and acceptance of the inner-self is what will enable a client to make necessary changes in themselves and their surroundings to see the results they desire. In her programs and workshops she considers herself a channel of learning and understanding, acceptance and acknowledgement, a mirror for herself and others as learning and evolving is a two way process and she believes each experience is for the participant and facilitator an empowering one.

## **BALANCE**

Indrani's life journey has been a beautiful balance between her growing roots in her quest for spirituality and branching into diverse avenues in the corporate sector and educational environment. She carries with her lessons from these spaces, using which she designs practical approaches for clients belonging to different realities. Every workshop and therapy session carries this sense of balance which makes it easy to experience, apply and integrate into one's life.

## **PERSEVERANCE**

Indrani is a firm believer of self-discipline when one is on the path to change. Despite roadblocks, challenges and discomfort one may experience, she urges her clients, students and participants at her programs to be disciplined and not take the easy way out. Indrani commences the journey with a mutual understanding and agreement of this value in mind.

To encounter and be aware is a blessing...to sustain the momentum and evolve to your best self is the key to happiness!

“What your inner Self knows, takes the outer  
Self Time to understand, and that journey of  
Time teaches you the Rules of Life.”

~ Indrani Sinha Seth

